


Featured	Health & Fitness
<p><b>Middle School Book Club-PREMIERE!</b> <b>Tuesday, September 4th at 6:30 PM</b> For grades 6-8. This month's selection is Fever 1793 by Laurie Halse Anderson</p> <p><b>Wonderful Gardens of Balboa Park</b> <b>Tuesday, September 18th at 1:00PM</b> Dig deeper into the growing wonders of Balboa Park. Presented by Oasis of San Diego.</p> <p><b>Elementary STEM @ the Library</b> <b>Thursday September 13th and 27th at 4:00 PM</b> Kids are introduced to the Sciences through hands-on activities. Grades 2-6 <b>Registration required</b></p> <p><b>Math Circle</b> <b>Friday, September 14th AND 28th at 12:30PM</b> Explore math through inquiry, discovery, and creativity with Lucinda Hsu. Grades 5-12. <b>Registration is required! Please email: mathcircle@cfspoway.org</b></p> <p><b>Girl Scouts Presentation—Mental Health</b> <b>Saturday, September 29th at 3:00 PM.</b> A presentation on the signs, causes and treatment of depression in teenagers.</p>	<p><b>Kids' Martial Arts</b> <b>Wednesday, September 5th and 19th at 10:30AM</b> Presented by United Studios of Self Defense. Ages 3-up</p> <p><b>Youth Yoga</b> <b>Sundays, September 9th, 16th, 23rd and 30th at 4:00 PM</b> Join Angela in a light and challenging yoga. Please bring your own yoga mat.</p> <p><b>Zumba with Ms. Harumi</b> <b>Every Saturday at 9:00 AM, except the 5th Saturday of the month.</b> Join Ms. Harumi for a fun and energetic Zumba workout! She will keep you dancing and moving the entire time.</p> <p><b>Yoga Workout with Ms. Seema</b> <b>Every Saturday at 10:00 AM EXCEPT SEPTEMBER 1ST</b> Join Ms. Seema in this yoga workout to help reduce stiffness and increase energy. Please bring your own yoga mat.</p>
Kids' Arts & Crafts	Games & Music
<p><b>My Masterpiece At the Library</b> <b>Wednesday September 26th at 4:00 PM</b> This featured month's artist is Keith Haring. Grades 1 and up.</p> <p><b>Artopia</b> <b>For ALL Ages</b> <b>Thursday, September 19th at 4:00 PM</b> Artopia is a process-driven art program where children are presented with a variety of media art they can experiment with on their own terms, at their own pace.</p>	<p><b>ChessKid Academy</b> <b>Saturday, September 8th at 2:00 PM</b> <b>Saturday, September 22nd at 2:00 PM</b> Join Coach Lam and the elementary school aged chess club members practice chess and apply those chess lessons at chess tournaments around the County. Child must have basic knowledge of chess.</p> <p><b>Yes, Uke Can! Ukulele Meetup</b> <b>Saturday, September 1st at 3:00PM</b> Ukulele meet-up for all ages and levels. Limited number of ukuleles provided or bring your own.</p> <p><b>Yes, Uke Can! Ukulele Meet up for Adults and Teens only</b> <b>Wednesday, September 5th at 6:30 PM</b> Ukulele meet-up for all adults and teens. Limited number of ukuleles provided or bring your own.</p>
Book Clubs	Adult Programs/Classes
<p><b>Mother-Son Book Club</b> <b>Wednesday September 5th at 7:00 PM</b> This month's selection is Peril At the Grand Prix by Elizabeth Singer Hunt. The target age for the book club is grades 3-5.</p> <p><b>Mother-Daughter Book Club</b> <b>Wednesday, September 12th at 6:30 PM</b> This month's title is How To Steal A Dog by Barbara O'Connor. The target age group of the daughters is Grades 2-5.</p> <p><b>Adult Book Club</b> <b>Wednesday, September 26th at 6:00 PM</b> Please see library staff for book club's selection for the month.</p>	<p><b>ESL: Tuesday at 8:30 AM - Intermediate Level</b> <b>ESL: Wednesday at 8:30 AM - Intermediate Level</b> <b>ESL: Thursday at 1:30 PM - Beginner Level</b> <b>ESL: 2nd &amp; 4th Thursday Only at 8:30 AM - Intermediate Level</b></p> <p><b>Oral Cancer Support Group</b> Saturday, September 1 at 12 NOON</p>
Teen & Tweens (For Grades 6 & up Only)	Storytimes
<p><b>Teen Tuesdays at 4:00 PM</b> <b>September 4th: Tape Resistant Watercolor</b> <b>September 11th: Rubik's Cube Workshop</b> <b>September 18th: Ozobots</b> <b>September 25th: Navy Federal Credit Union presents: Teens and Money</b></p> <p><b>SAT/ACT Prep: Saturday, Sept 15th at 12 NOON</b></p>	<p><b>Baby Storytime: Tuesday at 10:30 &amp; 11:00 PM</b> For Ages 0-2yrs</p> <p><b>Mommy &amp; Me Playtime: Tuesday at 11:30 AM</b> For ages 0-2.</p> <p><b>Preschool Play to Learn: Wednesday at 1:00 PM</b> For ages 1-5yrs.</p> <p><b>ABC Preschool Storytime: Thursday at 10:30 AM</b> For ages 3-5yrs.</p> <p><b>Toddler Storytime: Friday at 9:30 &amp; 10:30 AM</b> For ages 18mo - 3yrs.</p> <p><b>Spanish Bilingual Storytime: 2nd &amp; 4th Mondays of each month at 10:30 AM.</b></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>Your library offers hundreds of free events and classes.</div> <div>Find them at <a href="http://www.sdcl.org">www.sdcl.org</a></div> <div>All Library programs are subject to change and while supplies last.</div>		<div>1 Zumba 9:00 - 10:00AM</div> <div>Oral Cancer Support Group 12NOON</div> <div>Yes, UKE Can! 3:00PM</div>
2	3 Labor Day— CLOSED	4 Baby Storytime 10:30 - 11:00AM & 11:00 - 11:30AM Mommy & Me Playtime 11:30AM Teen Tuesday 4:00PM  Middle School Book Club 6:30PM	5 Kids' MartialArts 10:30AM  Play to Learn 1:00PM Knitting Circle 5:00PM  Yes UKE Can! Meetup for Adults/Teens only 6:30PM  Mother-Son Book Club 7PM	6 ABC Preschool Storytime 10:30AM	7 Toddler Storytime 9:30 - 10:30AM & 10:30 - 11:30AM	8 Zumba 9:00 - 10:00AM  Yoga Workout 10:00 -11:00AM  ChessKid Academy 2PM
9 Youth Yoga 4:00PM	10 Spanish Bilingual Storytime 10:30AM	11 Baby Storytime 10:30 - 11:00AM & 11:00 - 11:30AM Mommy & Me Playtime 11:30AM Teen Tuesday 4:00PM	12 Play To Learn 1:00PM  Knitting Circle 5:00PM  Mother-Daughter Book Club 6:30PM	13 ABC Preschool Storytime 10:30AM  Elementary STEM @ the Library 4PM	14 Toddler Storytime 9:30 - 10:30AM & 10:30 - 11:30AM  Math Circle 12:30PM	15 Zumba 9:00 - 10:00AM  Yoga Workout 10:00 -11:00AM  SAT/ACT Prep 12NOON
16 Youth Yoga 4:00PM	17	18 Baby Storytime 10:30 - 11:00AM & 11:00 - 11:30AM Mommy & Me Playtime 11:30AM  Wonderful Gardens of Balboa Park 1:00PM  Teen Tuesday 4:00PM	19 Kids' Martial Arts 10:30AM  Play To Learn 1:00PM  Artopia 4PM  01535024863825 Knitting Circle 5:00PM  Friends of the Library Meeting 6:30PM	20 ABC Preschool Storytime 10:30AM	21 Toddler Storytime 9:30 - 10:30AM & 10:30 - 11:30AM	22 Zumba 9:00 - 10:00AM  Yoga Workout 10:00 -11:00AM  ChessKid Academy 2PM
23 Youth Yoga 4:00PM  <hr/> 30 Youth Yoga 4:00PM	24 Spanish Bilingual Storytime 10:30AM	25 Baby Storytime 10:30 - 11:00AM & 11:00 - 11:30AM Mommy & Me Playtime 11:30AM Teen Tuesday 4:00PM	26 Play To Learn 1:00PM  My Masterpiece 4:00PM  Knitting Circle 5:00PM  Adult Book Club 6:00PM	27 ABC Preschool Storytime 10:30AM  Elementary STEM @ the Library 4PM	28 FINE FREE FRIDAY—ALL DAY  Toddler Storytime 9:30 - 10:30AM & 10:30 - 11:30AM  Math Circle 12:30PM	29 Yoga Workout 10:00 -11:00AM  Girl Scouts Presentation— Mental Health 3PM